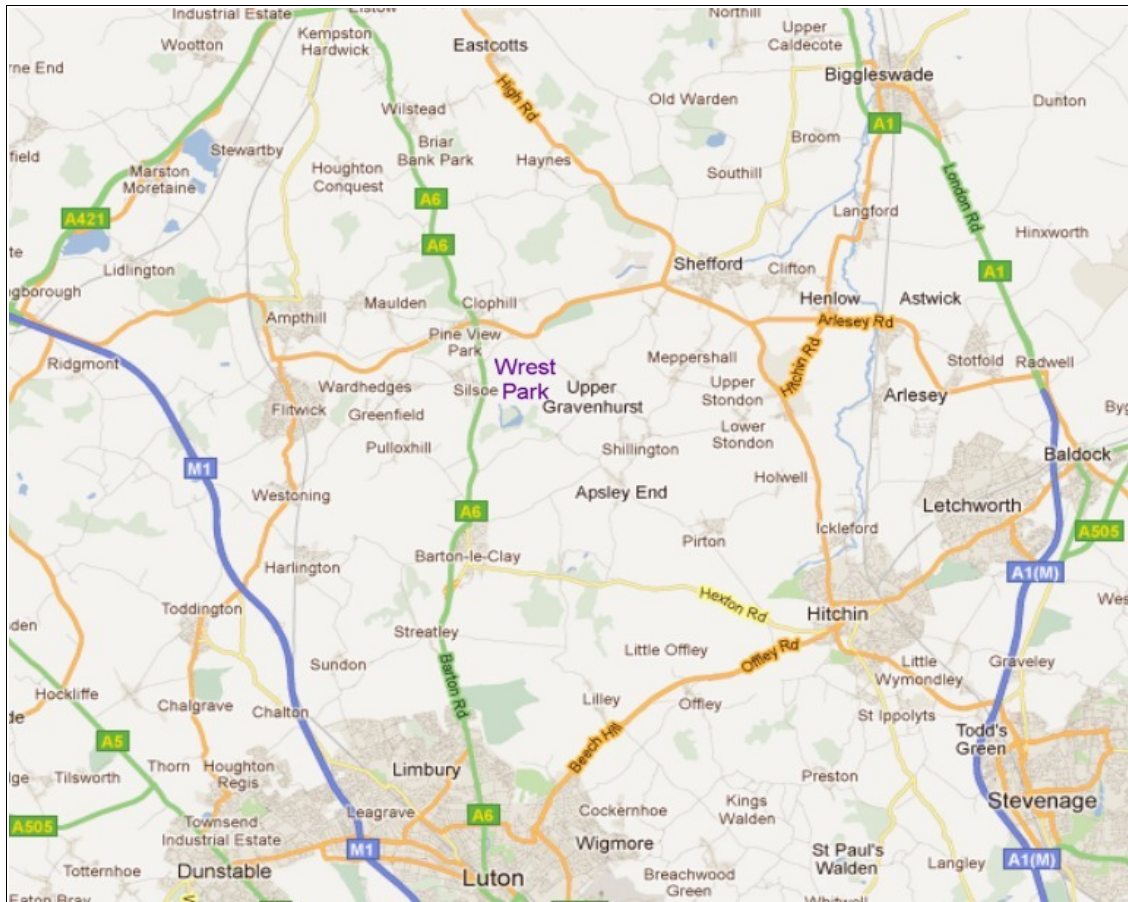
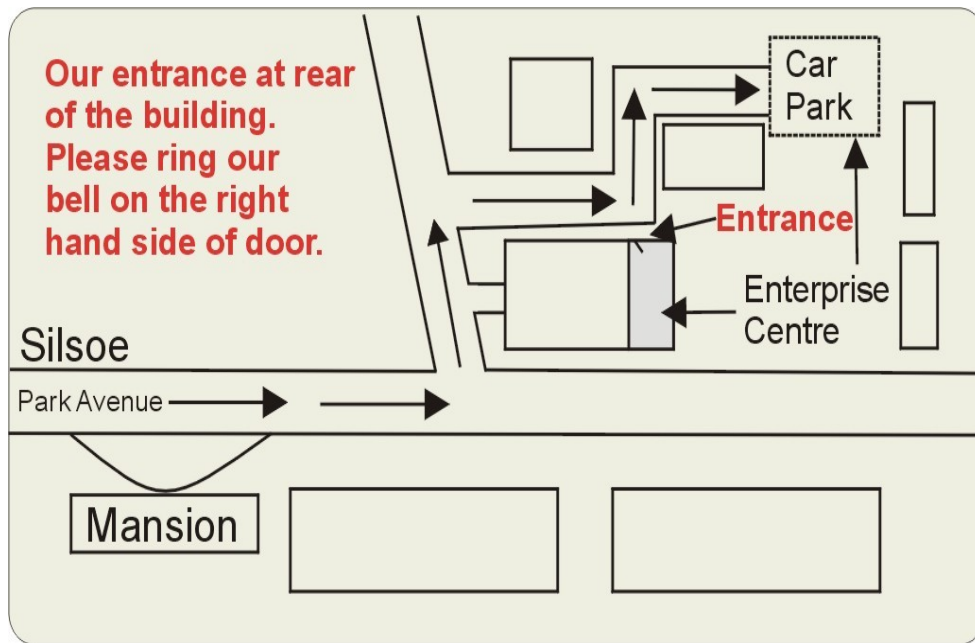


**Gentle Touch Healing Centre**  
**Wrest Park Enterprise Centre, Silsoe, Beds. MK45 4HS**  
**Tel: 01525 863906 or 01582 663900**



In Silsoe High Street turn down Park Avenue – road next the Church

**Directions:** Go to the village of Silsoe in Bedfordshire – off the A6 between Barton le Clay and Clophill. Take the turning in the high street by the church and drive down Park Avenue. Go past mansion and then turn left at the 1<sup>st</sup> road on your left. Then turn 2<sup>nd</sup> right and follow the signs for the Wrest Park Enterprise Centre car park. Entrance to our Healing Centre at rear of the Enterprise Centre as arrowed on the map. Please ring the bell on right hand side of the rear door. Disabled car parking at rear of the Enterprise Centre.



Wrest Park Enterprise Centre – Building 52 – our entrance at rear of building



Disabled Parking and Entrance to Healing Centre at rear of building

Please ring door bell – right hand side of door.





# Gentle Touch Healing

Our Healing Centre is now at:

**Wrest Park Enterprise Centre, Silsoe, Beds. MK45 4HS**

Wrest Park Enterprise Centre enjoys a beautiful parkland setting, in the heart of Bedfordshire, approached via the A6, through the centre of Silsoe village.

## Free Healing



- \* Good Car Parking
- \* Disabled Parking
- \* Disabled Access
- \* Free Healing
- \* Donations accepted
- \* Gift Aid welcome



Healing can help release blocked energies and encourages the natural self healing process. It can help a wide range of illnesses, is very relaxing and can help to ease stress. Works well with other complementary therapies and conventional medicine. Our Centre is fully equipped for healing and complementary therapies, this is supported by our team of caring and experienced healers.



We have one room available for Health Therapists!

### Opening times

#### By appointment

From Monday to Friday  
10.00 am to 4.00 pm  
(Other times available upon enquiry)  
Tel: 01525 863906

#### Drop-in times

(no appointment)  
Tuesday evenings  
7.30 pm to 9.00 pm  
and  
Sunday afternoons  
2.00 pm to 4.00 pm

**Come for healing and enjoy the beautiful setting of Wrest Park.**

Gentle Touch Healing, 46 Dukes Court, The Mall, Dunstable, Beds. LU5 4HW  
www.gentletouch.co.uk email: enquiries@gentletouch.co.uk  
Registered charity number 1105985