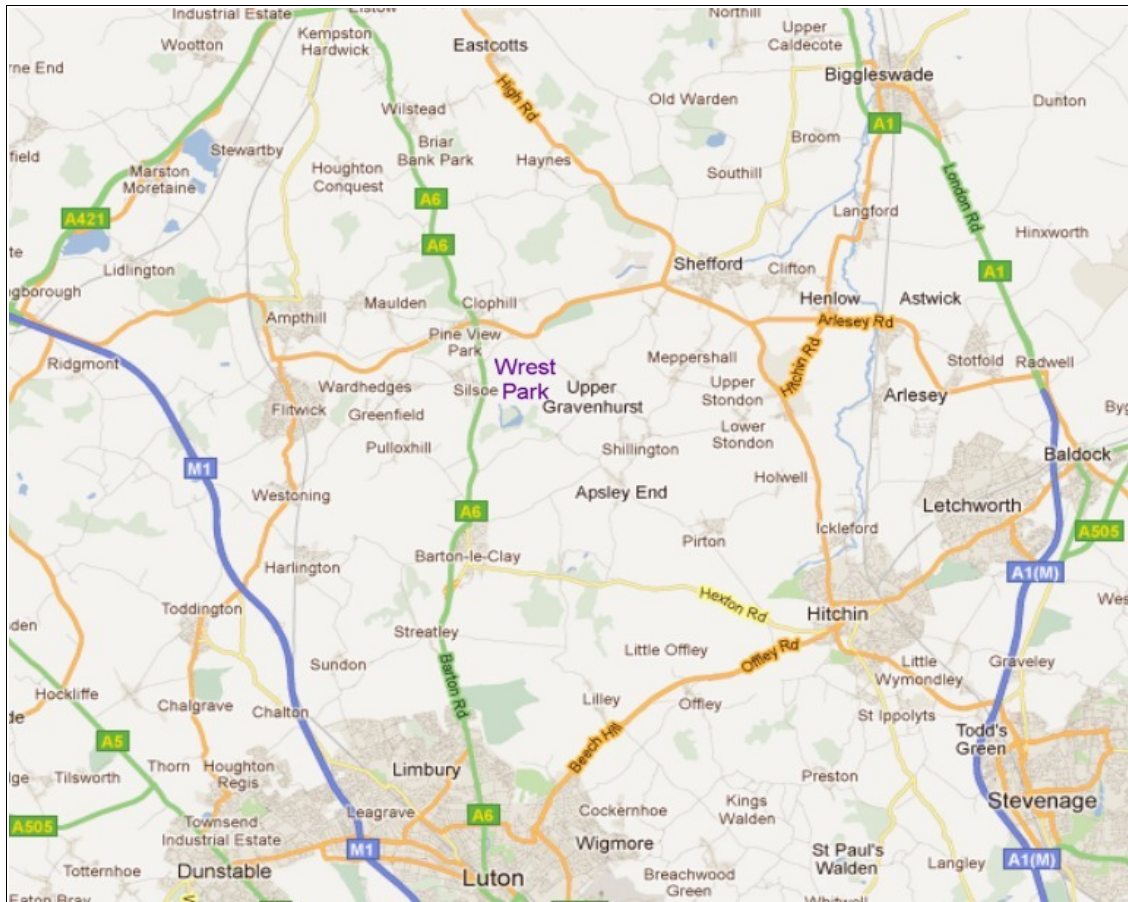


Gentle Touch Healing Centre
Wrest Park Enterprise Centre, Silsoe, Beds. MK45 4HS
Telephone: 01525 863906



In Silsoe High Street turn down Park Avenue – road next the Church

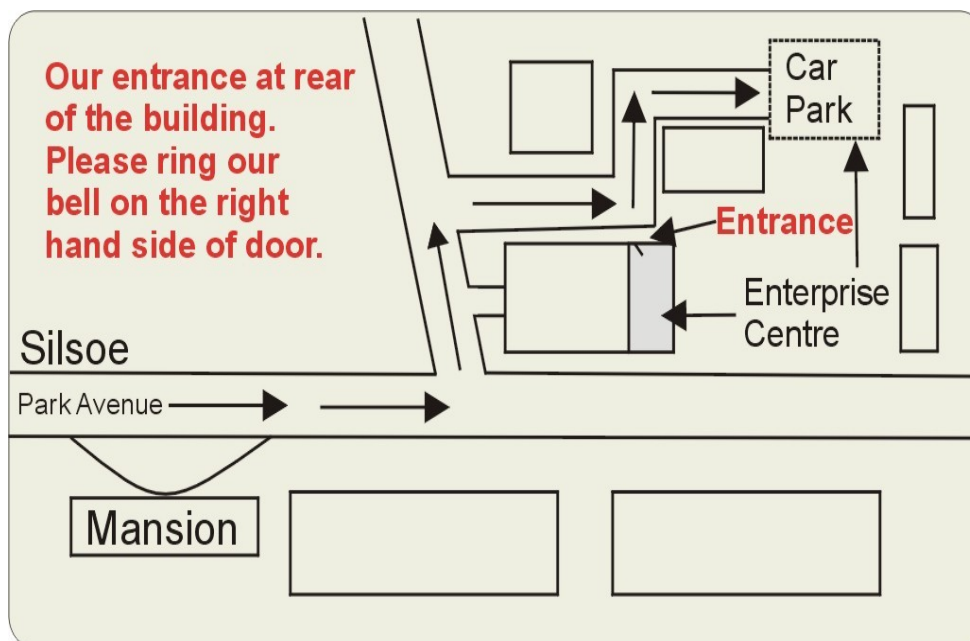
Opening Times

By appointment
Monday to Friday from 10:00 am to 4:00 pm
(Telephone 01525 863906)

Drop-in times (no appointment)
Tuesday evenings from 7:30 pm to 9:00 pm
Sunday afternoons from 2:00 pm to 4:00 pm.

GPS users – please use your GPS to get you to Wrest Park but thereafter please use the directions below - otherwise your GPS may take you to the wrong part of Wrest Park.

Directions: Go to the village of Silsoe in Bedfordshire – off the A6 between Barton le Clay and Clophill. Take the turning in the high street by the church and drive down Park Avenue. Go past mansion and then turn left at the 1st road on your left. Then turn 2nd right and follow the signs for the Wrest Park Enterprise Centre car park. Entrance to our Healing Centre at rear of the Enterprise Centre as arrowed on the map. Please ring the bell on right hand side of the rear door. Disabled car parking at rear of the Enterprise Centre.



Wrest Park Enterprise Centre – Building 52 – our entrance at rear of building



Disabled Parking and Entrance to Healing Centre at rear of building

Please ring door bell – right hand side of door.

